



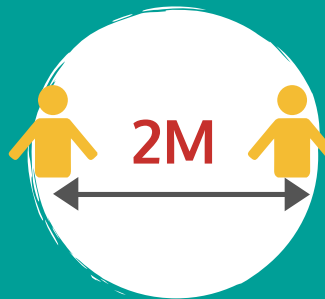
SOUTHALLS
DEFINING SAFETY EXCELLENCE

IF YOU HAVE FEVER, A LOSS OR CHANGE TO YOUR SENSE OF SMELL OR TASTE AND/OR A COUGH YOU SHOULD STAY AT HOME REGARDLESS OF YOUR TRAVEL OR CONTACT HISTORY.

Stop
shaking hands or
hugging when saying
hello or greeting
other people



Distance
yourself at least
2 metres (6 feet) away from other people,
especially those who might be unwell



Wash
your hands well and
often to avoid
contamination



HOW TO PREVENT



Cover
your mouth and nose
with a tissue or sleeve
when coughing or
sneezing and discard
used tissue



Avoid
touching eyes, nose,
or mouth with
unwashed hands



Clean
and disinfect
frequently touched
objects and
surfaces

WWW.SOUTHALLS.COM

Source: www.hse.ie